

CODE OF CONDUCT

World Taekwondo New Zealand

Updated 29th November 2020

Code of conduct for all members

World Taekwondo New Zealand (WTNZ) recognises that the development of each of its members as a whole person is one of the fundamental goals of Taekwondo. It is envisioned that this is achieved both within the training environment and in competitions through the attitude and actions of the instructors, the members, the players and the coaches. The behaviour and attitude of the WTNZ member can reflect well or badly on Taekwondo and can also affect the development of others who may model their behaviour on the WTNZ members. The overarching principle is that Taekwondo training and competition should be a positive, fair, healthy and enjoyable experience for all involved.

If a WTNZ member feels that they need to make contact with WTNZ regarding an item(s) raised within this document, they are advised to initially email: conduct@wtnz.org.nz

WTNZ requires all members, when taking part in any training, event or activity held by or sanctioned by WTNZ or a member organisation (MO) or an individual club, to meet the following conduct requirements:

Professionalism

- Exemplify honesty, integrity, fair play, and sportsmanship in all situations, regardless of the impact that might have upon the outcome of the competition.
- Act in a professional manner in your relationships with other members, players, coaches, officials, administrators and the public, treating all with respect and dignity.
- Respect the skills, potential and in development, of fellow members.
- Members accept that they are role models, and maintain high personal behaviour standards at all times, including conducting themselves in a professional manner relating to language, outward emotion and punctuality.
- Accept and respect the role of officials in ensuring that all events and competitions are conducted fairly and according to established rules.
- Know, accept and abide by rules, regulations and standards, both the letter and spirit of the rules, and spirit of the NZOC, SNZ, WT and WTNZ.
- Do not engage in or tolerate acts of aggression or bullying towards other members.
- Be responsible and accountable for your conduct at all times, including on social media.

Training

- Co-operate with instructors, coaches and staff in development of training programs and organised events
- Be frank and honest with members concerning illness and injury and the ability to train fully within the program requirements.
- Be honest with yourself regarding your attitude and preparation to training and the requirements of competition.
- Care for and respect the equipment provided as part of the training program or competition.

- As a role model, members should promote healthy lifestyles by their actions, including healthy eating behaviours and safe weight loss or gain. Members should also avoid performance enhancing drugs and other illegal drugs.

Competing

- Abide by the rules and their intent
- Respect the decision of the officials, make appeals through the formal process, and respect the final decision.
- Respect the rights, dignity, and worth of fellow members, players, coaches, officials and spectators.

Members relationship with officials

- WTNZ will not tolerate members overt displays regarding an official's decisions by verbally abusing them or aggressive behaviour.
- WTNZ accepts that officials make mistakes. If a player has an issue with the refereeing, or think the referee was unfair, biased, unfit or incompetent, there is a process for their instructor or coach to lodge a protest.

Code of practice for Coaches/instructors

- additional for those holding these positions

Coaches/instructors have an influence on their members/players/athletes physical, mental and emotional development. The example shown by the Coach/instructor is powerful, for better or worse. If the Coaches/instructors insists on fair play, concentrates on their member's enjoyment of Taekwondo, then their own development as a person, and the martial art, benefits. The overarching principle is that leading Taekwondo training for others should be a positive, fair, healthy and enjoyable experience.

Principle 1

The Coach/Instructor should meet a minimum standard of competency, maintain an up to date knowledge of current practice, and strive towards their own development.

Areas in which they can develop their competency include;

- Injury prevention, care and management,
- Risk management, growth, development and learning,
- Training, conditioning and nutrition,
- Social/psychological aspects of coaching,
- Skills, tactics and strategies,
- Teaching and administration,
- Athlete preparation

Principle 2

Coaches/instructors are responsible to ensure that the health, well-being and development of players takes precedence. This includes;

- Coaches/instructors are committed to the safety and well-being of each player and promote healthy lifestyles by their own actions
- Actively discourage the use of performance enhancing drugs, unhealthy recreational drugs such as tobacco, and other illegal drug habits.
- Promote healthy eating behaviours and safe weight loss or gain
- Demonstrate an understanding of the growth and developmental stages of their players
- Recognise the players right to consult with other coaches and instructors.
- Cooperate fully with other specialists (e.g. sports scientists, doctors and physiotherapists).

Principle 3

Coaches/instructors provide a physically and emotionally safe environment for training and competition. This includes;

- Follow current safe training and conditioning techniques
- Exhibit sound injury and risk management practices
- Do not tolerate acts of aggression or bullying
- Ensure that the tasks and/or training set is suitable for age, experience, ability and physical and psychological conditions of the member
- Provide feedback to members and other participants in a manner sensitive to their needs.
- Avoid overtly negative feedback.
- Treat all members fairly within the context of their sporting activities, regardless of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socio- economic status, disabilities and other conditions.
- Encourage and facilitate members independence and responsibility for their own behaviour, performance, decisions and actions
- Involve the members in decisions that affect them personally
- Encourage members to respect one another and to expect respect for their worth as individuals regardless of their level of play
- Take responsibility for the behaviour and sportsmanship of their members.
- Ensure any physical contact with members is appropriate to the situation and necessary for the members skill development
- Coaches/instructors should not only refrain from initiating a sexual relationship with an athlete, but should also discourage any attempt by an athlete to initiate a sexual relationship, possibly explaining the ethical basis of the refusal.
- Avoid situations with their members that could be construed as compromising

Principle 4

Coaches/instructors should endeavour to execute their role in a professional manner. This includes;

- Placing the members needs and interest before their own
- Exemplify honesty, integrity, fair play, and sportsmanship regardless of the impact that might have upon the outcome of the competition
- Being professional in their relationships with members, officials, colleagues, administrators and the public and treat them with respect and dignity.
- Coaches/instructors accept that they are role models and there must be congruency between their actions and words.
- Accept and respect the role of officials in ensuring that competitions are conducted fairly and according to established rules
- Know and abide by rules, regulations and standards, and encourage members to do likewise.
- Accept both the letter and spirit of the rules.
- Maintain confidentiality when appropriate and avoid situations that would potentially create a conflict of interest or exploit any member.
- Refrain from any inappropriate behaviour, activities or practices that compromise the trust and wellbeing of the members
- Operate within the rules and spirit of Taekwondo
- Be responsible and accountable for personal conduct.